REACH 2.0 Program: Application Instructions and Information

This guide provides detailed information about the **REACH 2.0 Program** and is intended to assist you in completing your application. It includes important details about eligibility, program benefits, and required materials. Please review all sections carefully to ensure that your application is complete and meets the necessary criteria. If you have any questions or need further assistance, please refer to the **FAQ section** or contact the REACH team at REACH2.0@acaam.org.

REACH 2.0 Program Overview:

The **REACH 2.0 program** provides mentorship and leadership development to medical students, residents, and fellows in **Addiction Medicine (AM)** and **Addiction Psychiatry (AP)**.

The primary goals of the program are to:

- Increase the knowledge of mental health and substance use disorder (SUD)
 providers in the prevention, diagnosis, treatment, and recovery support for
 underrepresented individuals in medicine with a mental health disorder or SUD.
- 2. Increase the overall number of **culturally humble**, and responsive **REM** addiction **specialists** in the AP and AM workforce.
- 3. Increase the number of **culturally humble**, and responsive **REM** addiction **specialists** in the AP and AM workforce who improve the quality of mental health and SUD prevention and treatment for REM groups.

The **REACH 2.0 Program** is an immersive training experience for medical students, fellows, and residents from backgrounds that represent the various patients they serve and are interested in becoming leaders in addiction medicine and addiction psychiatry. The yearlong program provides education in evidenced-based culturally informed addiction health care practices. Funded through the Substance Abuse and Mental Health Services Administration (SAMHSA) Minority Fellowship Program (MFP) for a total of 5 years, REACH 2.0 provides training and mentorship to 20 Scholars and 20 Near Peers every year.

Each year is known as a separate cohort. Scholars in yearly cohorts are paired with both a traditional REACH 2.0 mentor and a Near Peer Mentor. The traditional mentor, with many years of experience in Addiction Medicine (AM) or Addiction Psychiatry (AP), plays a conventional mentorship role. The Near Peer Mentor is a physician who has previously participated in the REACH Program or a similar mentorship program and is slightly further along in their academic or professional journey than the more nascent REACH 2.0 Scholar.

Both the Near Peer and traditional mentor provide guidance, support, coaching, sponsorship, and mentorship, each bringing their unique experiences. Near Peer mentors offer a relatable perspective, having more recently navigated similar challenges and experiences. This dynamic triad fosters collaboration, shared learning, and mutual encouragement creating an environment that is both accessible and inspiring for the scholar.

Primary Investigators/Collaborators

REACH 2.0 Program is offered by a consortium made up of the following:

The American College of Addiction Medicine (fka American Board of Addiction Medicine)

- Carly Reisner, Executive Director
- Denisha Brown, Program Manager

Baylor School of Medicine

Daryl Shorter, MD, Principal Investigator

New York University Grossman School of Medicine

Ayana Jordan, MD, PhD, Principal Investigator

Yale School of Medicine

Jeanette Tetrault, MD, Principal Investigator

Eligibility:

All applicants interested in the REACH 2.0 Scholar Program must have the following criteria:

- Individuals from diverse backgrounds, especially those who have faced historical challenges or underrepresentation
- In training residency training as of July 1, 2025 and enrolled through June 2026
- A U.S. Citizen or Permanent Resident
- Willing to **commit** to:
 - Attend and participate in **monthly** virtual networking events (trainings, webinars, panel discussions, Health Liberation Sessions) through the program year?

- Attend the Welcome Workshop in July 2025 (out of state). (Travel stipends are provided)
- Attend at least one addiction conference over the course of the year (funding provided by the reach 2.0 program)
- Commit to meeting with your assigned Near Peer and Mentor at least one time per quarter.
- Participate in program evaluation activities (including pre-post training surveys, mid-year/exit surveys and qualitative interviews)
- Complete a Scholarly Project. (Stipends are provided for approved activities).

Scholars will receive the following benefits:

- Intensive mentoring from Neer Peers in Program and a career professional in Addiction Medicine or Addiction Psychiatry
- Meaningful engagement with cohort members and REM addiction medicine and addiction psychiatry practitioners
- Inspiration to the up-and-coming workforce of REM addiction medicine and addiction psychiatry practitioners
- Supportive and diverse network with practitioners from around the U.S. caring for individuals with SUD while driving change within healthcare systems
- \$40,000 annual stipend and travel reimbursement for approved travel (stipends provided through a SAMSHA grant to eligible participants)

Application Checklist/Attachments:

The following materials must be complete and attached to your application:

- 1. Complete Application Form (via <u>SurveyMonkey</u>)
- 2. CV/Biosketch
- 3. Recommendation letters
 - Please include two letters of recommendation from a current or recent supervisor, peer collaborator, or interdisciplinary team member. The letters of recommendations must include a recommender to speak to the applicant's clinical skills, commitment to serving vulnerable groups, and/or

experience providing substance use disorder (SUD) services. Please ensure that the letter is signed by your recommender and that you provide their email address in the application. Please note that the recommender will need to verify that they have received a confirmation email from the REACH team to validate their email address

- 4. Statement of Participation
 - For a complete description, please visit the <u>FAQ</u>
- 5. Description of Intended Scholarly Project (must be 1 page).
 - For a complete description of the project please visit the <u>FAQ</u>.

Program Timeline:

• Application Deadline: May 16, 2025

• **Program Start Date:** July, 2025

• Welcome Intensive Workshop: expected in July, located TBD (out of state)